

Minnesota IRONMAN Bike Ride April 26, 2009

VOLUNTEER POSITIONS

Saturday Set-up, (4/25/09)

- 10:00am to 3:00pm (flexible)
- 12:00pm to 6:00pm (flexible)

Saturday Rest Stop Setup (4/25/09)

- (Involves lifting – meet at loading dock)
- 12:00pm to 5:00pm

Van Pick up and Return

- Sat 8:30 to 10:00am (4/25/09)
- Sun 6:00 to 8:00pm (4/26/09)

Direct Parking in Lakeville

- 5:00am to 9:30am

Route Corner Marshall

- 6:30am to 10:30am

Registration/Check-in, Lakeville

- 6:00am to 9:00am registration
- 6:00am to 11:00am registration
- 9:00am to 2:00pm registration
- 11:00am to 4:00pm check-in
- 2:00pm to 6:00pm check-in

Volunteer Check-in: Lakeville

- 5:00am to 8:30
- 8:30 to 12:00pm
- 12:00pm to 3:00pm
- 3:00pm to 6:00pm

Help with water/sports drink in Lakeville

- 6:00am to 9:00am
- 9:00am to 12:00pm
- 12:00pm to 3:00pm
- 3:00pm to 6:00pm

Sag/Van Driver

- 6:00am to 6:00pm (preferred)
- 6:00am to 2:00pm
- 2:00pm to 7:00pm

Sag Co-pilot with First-Aid Training

- 6:00am to 6:00pm (preferred)
- 6:00am to 2:00pm
- 2:00pm to 7:00pm

Road Medic Rider (circle one X)

- | | | | |
|---------------------------------|----|----|-----------|
| | 30 | 65 | 100 miles |
| <input type="checkbox"/> 6:30am | X | X | X |
| <input type="checkbox"/> 7:30am | X | X | X |
| <input type="checkbox"/> 8:30am | X | X | X |
| <input type="checkbox"/> 9:30am | X | X | |

Merchandise Sales Table/Silent Auction

- 6:00am to 9:00am
- 9:00am to 12:00pm
- 12:00pm to 3:00pm
- 3:00pm to 6:30pm (pack up)

REST STOPS

Orchard Lake Elem. School, (30 mile route)

Full

Parkview Elem. School, Lakeville (30 mile route)

- 6:30am to 9:30am
- 8:30am to 12:00pm
- 10:30am to 2:00pm (pack-up)

Jordan (65 and 100 mile route)

Full

Lonsdale (65 & 100 mile routes)

- 8:00am to 9:30am (unload truck)
- 8:30am to 11:30am
- 10:30am to 1:30pm
- 12:30pm to 5:00pm (pack up)

LeSueur (100 mile routes)

Full

Montgomery (100 mile route)

- 8:30am to 11:15am
- 9:45am to 12:45pm
- 11:15am to 2:15pm
- 11:30am to 3:00pm (pack up)

Licensed Ham Radio Operator

- Call sign _____
- Are you also First Aid Certified?
- Are you willing to drive?
- All Day (Preferred) 6:00am – 4:00pm
- AM PM

Ride Marshall (Must be TCBC Ride Leader)

- 30 65 100 miles (circle miles & check time)
- 6:30am 8:30am
- 7:30am 9:30am

Sunday Pack-up (flexible)

- 4:00pm to 8:00pm (in Lakeville)

Monday Wrap-up (“gophers” & “grunts” needed!)

- (Will be called Sunday pm for location and time)
- AM

DO ANY JOB!! (Day of ride, time flexible)

- Saturday AM PM
- Sunday AM PM

